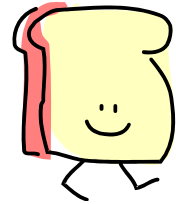


St Jude's Parish Primary School Canteen Menu 2021



Canteen operates only on a Monday.

St Jude's have an online ordering system for canteen lunches, called Flexischools.

To register for a Flexischools account or to log in to your existing account please click on the link below:

<https://flexischools.com.au/>

GREEN FOODS (Healthy Choices)

Sandwiches & Wraps

Provided on wholemeal bread unless specified

Salad lettuce, tom, beet, carrot & cucumber	\$3.20
Fresh Chicken/Tuna _____	\$3.20
Chicken & Salad _____	\$4.20
Vegemite _____	\$2.20
Chicken & Salad Tub _____	\$4.20

Extras

Avocado _____	\$.50
Cheese low fat _____	\$.40
Lettuce, Tomato, Beetroot, Carrot & Cucumber	\$.30
Mayo, Tomato, Mustard or Soy Sauce	\$.20
Grated Cheese low fat _____	\$.30
Rolls additional wholemeal, multigrain ____	\$.70
Sour Cream low fat _____	\$.40

Hot Food

Spaghetti Bolognese _____	\$3.00
Toasted Cheese Sandwich _____	\$2.50
Toasted Cheese & Tomato Sandwich _____	\$2.80
Corn Cobette _____	\$.70
Chicken Strip Wrap _____	\$4.00
oven baked crumbed chicken tenderloin, lettuce & mayo	
Also available in a roll	\$4.00

Miscellaneous Items

Fruit Salad Tub _____	\$ 4.00
Piece of Fruit _____	\$ 1.00
banana, apple, orange or seasonal	
Carrot, Celery and Cucumber Sticks with Dip	\$ 4.00

AMBER FOODS
(Choose Carefully)

Sandwiches & Wraps

Provided on wholemeal bread unless specified

Ham _____	\$3.20
Ham & Salad _____	\$4.50

Hot Food

Mrs Macs Meat Pie 200g low fat _____	\$ 3.00
Mrs Macs Sausage Roll low fat _____	\$ 2.00
Toasted Ham Sandwich _____	\$ 3.00
Toasted Ham & Tomato Sandwich _____	\$ 3.30
Toasted Ham & Cheese Sandwich _____	\$ 3.50
Toasted Ham, Cheese & Tomato Sandwich _____	\$ 3.80
Seasoned Potato Wedges oven baked _____	\$ 3.50
Steamed Dim Sims each _____	\$.70
Chicken Breast Nuggets each _____	\$.70

